



Sound Dermatology

POST-BIOPSY CARE

What to Expect

After a skin biopsy, it is normal to have mild redness, tenderness, or slight bleeding at the site. Healing typically takes **1–3 weeks**, depending on the location.

Biopsy results are usually available within a few weeks but may take up to 4 weeks (or longer in certain circumstances). If you have not received your results within 30 days, please contact our office.

How to Care for the Area

- Keep the area clean and dry for the first 24 hours
 - After 24 hours, gently clean the area daily with soap and water
 - Apply a thin layer of **petroleum jelly (Vaseline)** or as directed
 - Cover with a bandage until the area has healed
 - Change the bandage daily or if it becomes wet or dirty
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Activity Guidelines

- Avoid strenuous activity that may stretch or irritate the area
 - Avoid swimming, hot tubs, or soaking the area until healed
 - Be cautious to prevent trauma or friction to the site
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Bleeding Instructions

- A small amount of bleeding is normal
 - If bleeding occurs, apply **firm, direct pressure for 10–15 minutes without stopping**
 - If bleeding continues after repeated pressure, contact our office
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What Is Normal

- Mild redness or swelling
 - Small amount of clear or slightly bloody drainage
 - Formation of a scab
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Signs of Infection (Call Our Office)

- Increasing redness, warmth, or swelling
 - Pus or foul-smelling drainage
 - Increasing pain
 - Fever or chills
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When to Follow Up

- If you have concerns about healing
 - If bleeding does not stop with pressure
 - To review biopsy results (if not already scheduled)
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Key Points to Remember

- Keep the area clean, moist, and covered
- Petroleum jelly and a bandage help reduce scarring
- Avoid picking or scratching the site
- Apply firm pressure if bleeding occurs

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